

SNDT Women's University
1, Nathibai Thackersey Road, Mumbai- 400020

Curriculum of Foundation Courses- B.A.

Syllabus Format

Course Name: B. A. – Foundation Course

Scheme: Semester I

Sr. No.	Subjects	L	Cr.	P/T	D	TP (E)	Internal	P/V	T
1	FC I- History as Heritage	4	4	--	2.5	75	25	--	100
2	FC II- Women in Changing India	4	4	--	2.5	75	25	--	100
Total		8	8	--		150	50	--	200

Scheme: Semester II

Sr. No.	Subjects	L	Cr.	P/T	D	TP (E)	Internal	P/V	T
1	FC III- Personality Development	4	4	--	2.5	75	25	--	100
2	FC IV- Environmental Studies	4	4	--	2.5	75	25	--	100
Total		8	8	--		150	50	--	200

Scheme: Semester III

Sr. No.	Subjects	L	Cr.	P/T	D	TP (E)	Internal	P/V	T
1	FC V- Current Concerns	4	4	--	2.5	75	25	--	100
Total		4	4	--		75	25	--	100

Scheme: Semester IV

Sr. No.	Subjects	L	Cr.	P/T	D	TP (E)	Internal	P/V	T
1	FC VI- Current Social Issues & Problems	4	4	--	2.5	75	25	--	100
Total		4	4	--		75	25	--	100

B.A. Part- I Semester I

Foundation Course- I

History as Heritage

Credits: 4 Lectures: 60 Marks: 100

COURSE CONTENT:	Credits	Lectures	Marks
I) History as Heritage a) Historical background b) A History of India through Maps.	1	15	25
II) Languages and Literature a) Languages of India b) Literature from oral traditions, Cinema and Theatre.	1	15	25
III) Art and Architecture a) Famous architecture of Ancient India. b) Paintings and Sculptures c) Crafts	1	15	25
IV) Science and Technology a) Evolution. b) Implications of technological development on society.	1	15	25

References: As prescribed in the existing syllabus.

B.A. Part- I Semester I

Foundation Course II

Women in Changing India

Credits: 4 Lectures: 60 Marks: 100

COURSE CONTENT:	Credits	Lectures	Marks
I) Introduction & Social Construction of Gender: a) Concept of Strength underlying the university motto “Sanskrita Stree Parashakti ” b) Socialization of the girl child in patriarchal family c) Propagation of stereotypes through education, advertisements, media, performing arts.	1	15	25
II) Women and Work: a) Women in the unorganized sector b) Women in the organized sector c) Legal provisions for the protection of working women.	1	15	25
III) Women and Education: a) Women in education: access and retention. b) Problems of women’ education, gender inequality in academic achievement. c) Education as an instrument of change. d) Education for empowerment and development of women.	1	15	25
IV) Towards Change: a) Realities of gender oppression b) Reservation of seats for women in local political bodies. c) Milestones in Government policies. d) Legal reforms. e) Women’s movement in the 80’s and 90’s.	1	15	25

References: As prescribed in the existing syllabus.

B.A. Part- I Semester II

Foundation Course III

Personality Development

Credits: 4 Lectures: 60 Marks: 100

Objectives :

- To orient the students about the concept and importance of personality development.
- To sensitize the students on moral, ethical and leadership qualities.
- To upgrade the students skills in presentation, listening and negotiation
- To provide insights on management of Conflict, time, Stress and human relations.

COURSE CONTENT:	Credits	Lectures	Marks
I) Personality development: -Concept of personality development. (3lectures) -Role of morals, ethics & values in the development of the individual.(5 lectures) -Leadership skills (3 lectures) -Presentation skills (2lectures) -Listening and negotiation skills (2lectures)	1	15	25
II) Personality with Strong Character: -Role of Heredity and Environment in individual Development (6 lectures) -Building a Character (4 lectures) -Public and human relations (5 lectures)	1	15	25
III) Management of conflicts and stress in individual and public domain: -Conflict management - the use of coping mechanisms (4 lectures) -Stress management-how to reduce stress and fear?(5 lectures) -Efforts towards communal harmony and peace (6 lectures)	1	15	25
IV) Career planning: -Realistic goal setting (3lectures) -Time management .(3lectures) -Art of Facing Interviews .(3lectures) -Significance of Personality Test & Aptitude tests (6 lectures)	1	15	25

Methodology: (for Foundation Course III)

1. Lecture cum discussion

2. Practical sessions - Individual and Group

3. Presentations and evaluation

References:

Asghar Ali Engineer, 2007, Communalism in Secular India: A Minority Perspective. Gurgaon, Haryana, Hope India Publications.

Chandra, M.S. Satish: Conflict Management. Delhi. Rajat publication, 1999.

Charlesworth, Edward & Nathan, R.G.: Stress Management. [A Comprehensive~ Guide to Weilness] New York. Ballantine Books, 1991.

Clegg,, Brian: Instant Stress Management. New Delhi. Kigan Page, 2000.

Harigopal, K.: Conflict Management: Managing Interpersonal Conflict. New Delhi. Oxford & IBH Publication, 1995.

Shankar, Uday 1981: Personality Development. Delhi.

B.A. Part- I Semester II

Foundation Course IV

Environmental Studies

Credits: 4 Lectures: 60 Marks: 100

Objectives: To bring about an awareness of a variety of environmental concerns.

To create a pro-environmental attitude and a behavioral pattern which is based on creating sustainable lifestyles.

To achieve a total behavioral change in student community.

Course content	Credits	Lectures	Marks
I) The Multidisciplinary Nature of Environmental Studies (2 lectures) a) Definition, Scope and Importance b) Need For Public Awareness	Unit- I	Unit- I	Unit- I
II) Natural Resources (8 lectures) Renewable And Non-Renewable Resources Natural resources and associated problems. a. Forest Resources: Use and over-exploitation, deforestation, case studies. Timber extraction, mining, dams and their effects on forests and tribal people	II & III =	II & III =	II & III =
b. Water Resources: Use and over-utilisation of surface and ground water, floods, drought, conflicts over water, dams – benefits and problems. c. Mineral Resources: Use and exploitation, environmental effects of extracting and using mineral resources, case studies. d. Food Resources: World food problems, Changes caused by agriculture and grazing, Effects of modern agriculture, Fertilizer/ pesticide problems, Water logging and salinity case studies. e. Energy Resources: Increasing energy needs, Renewable/ non renewable, Use of Alternate energy sources, Case studies f. Land resources: Land as a resource, land degradation, man induced land-slides, soil erosion and desertification. - Role of an Individual in Conservation of Natural Resources - Equitable Use of Resources for Sustainable Lifestyles	1 credit	15 lectures	25 marks
III) Ecosystems (5 lectures)			

<p>Concept of an Ecosystem Structure and Functions of an Ecosystem Producers, Consumers and Decomposers Energy Flow in the Ecosystem Ecological Succession Food Chains, Food Webs and Ecological Pyramids Introduction, Types, Characteristic Features, Structure and Functions of the following ecosystem: a) Forest Ecosystem b) Grassland Ecosystem c) Desert Ecosystem d) Aquatic Ecosystems (Ponds, Lakes, Streams, Rivers, Estuaries, Oceans)</p> <p>IV) Biodiversity and its conservation (7lectures) Introduction – Definition: Genetic, Species & Ecosystem Diversity Biogeographical Classification of India Value of Biodiversity: Consumptive, Productive Use, Social, Ethical, aesthetic and option values. Biodiversity at Global, National and Local Levels India as a Mega Diversity Nation Hot-spots of Biodiversity Threats to Biodiversity: Habitat Loss, Poaching of Wildlife, Man-Wildlife Conflicts. Endangered and Endemic Species of India Conservation of Biodiversity: In-Situ And Ex-Situ situation.</p> <p>V) Environmental Pollution (8 lectures) Definition Causes, Effects and Control Measures of: Air Pollution Water Pollution Soil Pollution Marine Pollution Noise Pollution Thermal Pollution Nuclear hazards Solid Waste Management: Causes, Effects and Control Measures of Urban and Industrial Wastes. Role of Individuals in Prevention of Pollution. Pollution Case Studies Disaster Management: Floods, Earthquakes, Cyclones, Landslides</p>	<p>Unit- IV & V = 1 credit</p>	<p>Unit- IV & V = 15 lectures</p>	<p>Unit- IV & V = 25 marks</p>
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<p>VI) Social Issues and the Environment <i>(9 lectures)</i> From Unsustainable to Sustainable Development Urban Problems related to Energy Water Conservation, Rain Water Harvesting, Watershed Management . Resettlement and Rehabilitation of People; its Problems and Concerns Case Studies. Environmental Ethics: Issues and Possible Solutions Climate Change, Global Warming, Acid Rain, Ozone Layer Depletion, Nuclear Accidents and Nuclear Holocaust. Case Studies. Wasteland Reclamation Consumerism and Waste Products Environment Protection Act Air (Prevention and Control of Pollution) Act 194 Water (Prevention and Control of Pollution) Act 196 Wildlife Protection Act 197 Forest Conservation Act 199 Issues involved in Enforcement of Environmental Legislation Public Awareness</p>	<p>Unit- VI & VII = 1 credit</p>	<p>Unit- VI & VII = 15 lectures</p>	<p>Unit- VI & VII = 25 marks</p>
<p>VII) Human Population and the Environment <i>(6 lectures)</i> Population Growth, Variation Among Nations. Population Explosion – Family Welfare Program. Environmental and Human Health. Human Rights Value Education: Environmental Values, Valuing Nature, Valuing cultures, Equitable use of Resources Role of Information Technology in Environment and Human Health</p>			
<p>VIII) Field Work Visit to a Local area to document Environmental Assets- River/Forest/Grasslands/Hill/Mountain. Visit to a Local Polluted Site. Study of Common Plants, Insects, Birds. Study of Simple Ecosystems- pond, river, hill slopes, etc.</p>	<p>1 credit</p>	<p>15 lectures</p>	<p>25 marks</p>

References:

1. Agarwal KC, 2001. Environmental Biology, Nidi Publishers Ltd. Bikaner.
2. Bharucha Erach, 2003. The Biodiversity of India, Mapin Publishing Pvt. Ltd, Ahmedabad.
3. Brunner RC, 1989, Hazardous Waste Incineration, McGraw Hill Inc.
4. Clark RS, Marine Pollution, Clarendon Press, Oxford (TB).
5. Cunningham WP, Cooper TH, Gorhani E & Hepworth MT, 2001. Environmental Encyclopaedia, Jaico Publishing House, Mumbai.
6. De AK, Environmental Chemistry, Wiley Eastern Ltd.
7. Down to Earth, Center for Science and Environment (R)
8. Gleick HP, 1993. Water in Crisis, Pacific Institute for Studies in Development, Environment and Security. Stockholm Environmental Institute, Oxford University Press.
9. Hawkins RE, Encyclopedia of Indian Natural History, Bombay Natural History Society, Bombay
10. Heywood VH, and Watson RT, 1995. global Biodiversity Assessment. Cambridge University Press.
11. Jadhav H and Bhosale VM, 1995. Environmental Protection and Laws. Himalaya Publishing House, Delhi.
12. Mckinney ML and Schoch RM, 1996. Environmental Science Systems and Solutions. Web enhanced edition.
13. Mhaskar AK, Matter Hazardous, Techno-Science Publications (TB)
14. Miller TG, Jr. Environmental Science, Wadsworth Publishing CO. (TB)
15. Odum EP, 1971. Fundamentals of Ecology. WB Saunders Co. USA.
16. Rao MN and Datta AK, 1987. Waste Water Treatment. Oxford and IBH Publishing Co. Pvt. Ltd.
17. Sharma B.K., 2001. Environmental Chemistry. Goel Publ. House, Meerut.
18. Survey of the Environment, The Hindu (M)

B.A. Part- II Semester III

Foundation Course V

Current Concerns

Credits: 4 Lectures: 60 Marks: 100

COURSE CONTENT:	Credits	Lectures	Marks
I) Human Rights: a) Definition, the concept, its evolution, generations of human rights. b) Violation of Human Rights. c) Rights specified groups- women & children.	1	15	25
II) Poverty & Health: a) Poverty: Concept & measurement, Indicators of Poverty, determinants of poverty, poverty alleviation policies and programmes. b) Health care services- access and distribution; nutrition & malnutrition. c) Impact of medical technology, rights of patients. d) Women related diseases.	1	15	25
III) Globalization: a) Concept and definition. b) Merits and demerits of Globalization. c) Profile of contemporary world system- trade and finance. d) Globalization and the future.	1	15	25
IV) Law: a) Legal systems- perspective and functioning. b) Fundamental Rights and Duties. c) Provision of legal help in India.	1	15	25

References: As prescribed in the existing syllabus.

B.A. Part- II Semester IV

Foundation Course- VI

Current Social Issues & Problems

Credits: 4 Lectures: 60 Marks: 100

- Objectives: -To sensitize students to the emerging social issues in India .
- To provide a description and analysis of major social issues
 - To provide students with the socio-economical perspective that will enable them to analyze future developments.
 - To acquaint students with a constructive way of approaching, critiquing, and responding to problems faced by contemporary societies.
 - Empower them to deal with these issues & problems.

Course content	Credits	Lectures	Marks
I) Diversity, Disparity and related Social Issues: (a) Understand diversity as difference and disparity as inequality; Inter-group conflicts: Communalism, Casteism, linguistic differences, regionalism (5 lectures) (b) Patriarchy and gender disparity: declining sex ratio, Women abuse in the family, violence against women (5 lectures) (c) Disparities arising due to disability: issues of the physically and mentally challenged, services available (5 lectures)	1	15	25
II) Issues related to population: (a) Overview of World Population. International Conference on Population & Development (ICPD)-1994. The Paradigm shift in Population issues.(8 lectures) (b) Census of India- its features (3 lectures) (c) Population Growth & its Consequences: (4 lectures)	1	15	25
III) Problems Related to Disorganization: (a) Crime & Crime Prevention (4 lectures) (b) Suicide – Youth suicide & Farmer suicide & Preventive Measures (4 lectures) (c) Girl and Women Trafficking (4 lectures)	1	15	25

(d) Terrorism (3 lectures)			
IV) Growing Social Problems in contemporary society:			
(a) Substance abuse tobacco, alcohol, drugs- impact on youth and challenges for the future (3 lectures)	1	15	25
(b) HIV/AIDS awareness and redressal (3 lectures)			
(c) Problems of the elderly- causes, implications and response (3 lectures)			
(d) Problem of child labour- magnitude, causes, effects and response Protection of Child Rights Act 2005 and other Acts related to children (6 lectures)			

Methodology: (for Foundation Course- IV)

1. Lecture cum discussion
2. Films, documentaries, guest Lectures
3. Field visits / study tours
4. Oral presentations and library research projects.

References:

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Bedi Kiran, 1998. It Is Always Possible. New Delhi: Sterling Publications Pvt. Ltd.

Beteille , Andre – 1974 . Social Inequality .New Delhi : Oxford University Press.

Beteille , Andre .- 1992 . Backward Classes in Contemporary India .New Delhi : Oxford University Press .

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Mies Maria. 1980. Indian Women and Patriarchy: Conflicts and Dilemmas of Students and Working Women. New Delhi: Concept Publications.

M M Zaki, 2008, Global War on Terror: Shadow of Fear or Ray of Hope. New Delhi : Har-Anand Publications Pvt. Ltd.

Neil J Smelser, 2007: The Faces of Terrorism, Social and Psychological Dimensions. Princeton : Princeton University Press.

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Pathak L. P., 1998, Population Studies, Rawat Publication, Jaipur.

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Rao, D.B., 2000: HIV/AIDS and NGOs. New Delhi. Discovery Publication.

Sam, Bhim, 1988: Drug Danger and Social Behaviour: New Challenges. Delhi. Sharada Prakashan.

Sati P.N.,1987. Needs and the Problems of the Aged. Udaipur: Himanshu Publishers.

Satya Murty , T. V.- 1996 . Region , Religion , Caste , Gender & Culture in Contemporary India . New Delhi : OUP .

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Sikri R., 1999: Women & Sexual Exploitation. [Harassment at Work] New Delhi. Kanishka Publication.

Srivastava, Anamika,1999: Communal Violence and Administration. Jaipur. Rawat Publisher.

Srivastava, O.S. 1994, Demography and Population Studies. New Delhi : Vikas Publishing House.

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